



Oaks
SENIOR LIVING

WHAT TO PACK

FOR YOUR MOVE TO SENIOR LIVING

We've put together a helpful list for you to reference when packing for your upcoming move. While moving can sometimes be a long process, use this moving checklist as a jumping off point and add your own personal items you don't want to leave behind!



TOWELS & LINENS

- 2 Complete Sets of Sheets & Pillow Cases
- Blankets
- Comforter or Quilt
- At Least 2 Pillows
- 3 Sets of Bath Towels, Hand Towels, & Washcloths
- Clothes Hamper & Hangers

SENSORY & ASSISTIVE AIDS

- Glasses, Sunglasses, and Reading Magnifiers
- Hearing Aids, Case, & Batteries
- Cane, Walker, Chair, & Scooter
- Nutritional Supplements

TOILETRIES

- Storage Box & Bag for Toiletries
- Favorite Soap, Shampoo, Conditioner, & Hair Products
- Favorite Lotions & Powder
- Cosmetics
- Razors, Shaving Cream, Toothbrush, Toothpaste, Floss, & Mouthwash
- Dentures, Partials, Cleaner, & Case
- Nail File, Polish, Remover, Emery Board , & Clippers
- Deodorant & Body Spray
- Perfume, Colognes, & After Shave
- Comb, Brush, Rollers, Pins, & Hair Dryer
- Hand Mirror
- Incontinence Briefs, Gloves, & Supplies
- Q-Tips & Cotton Swabs

CLOTHING

- At Least 7 Pairs of Underwear
- At least 7 Shirts, and Bras
- At least 7 Pairs of Socks, Hose, Etc.
- Shoes – Consider Comfortable, Dress, & Slippers
- Pajamas, Nightgown, & Robes
- At Least 7 Outfits Including Shirts, Pants, Dresses, Etc.
- Sweat Suits & Fitness Clothing
- Belts, Suspenders, Scarves, Etc.
- Hats, Wraps, & Gloves, Sweaters, Coats, & Jackets

FURNISHINGS & FAMILIAR ITEMS

- Bed
- Dresser
- Paintings & Family Photos
- Television & Remote
- Clock & Stereo
- Surge Protectors
- Decorations
- Sofa, Loveseat, Chair, and/or Recliner
- Other Apartment Furnishings
- Favorite Books & Knick-Knacks
- Waste Container



If you would like more information and resources on transitioning to senior living, please contact Oaks Senior Living.

[CLICK HERE](#)