Happy Birthday! **Bettie S. 3/13**

March 2024



Morning: **Independent Exercise** What's on the News (TV) Relax to the Music Afternoon: Share a Smile! (Brighten Someone's Day:)

Morning: **Independant Exercise** Activities w/Sirley and Grandchildren 10a-11a Socialize Afternoon: **Independent Activities** Relax to the music

Morning:

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Morning:	
Independent Exerci	ise
Devotional Read	
Puzzle Mania	
Afternoon:	
Word Search	
Service: Pastor Fel	ix Giles 1:30
Relax to Spiritual M	lusic
-	
NA - w i	
Morning:	
Independent Exerci	ise
Devotional Read	

Service: Pastor Felix Giles 1:30p

Palm Sunday

Daylight Saving Time Begins

Relax to Spiritual Music

Independent Exercise

Relax to Spiritual Music

St. Patricks' Day

Independent Exercise

Relax to Spiritual Music

Independent Exercise

Relax to Spiritual Music Easter Sunday

Devotional Read Puzzle Mania Afternoon: **Word Search**

Devotional Read

Puzzle Mania

Afternoon:

Word Search

Morning:

Devotional Read

Puzzle Mania

Afternoon:

Word Search

Morning:

Puzzle Mania

Afternoon:

Word Search

Morning:

Morning: Morning Walk at the park (Bus Outing) 10:00a

Breakfast served by Belks Dept.

Guess the items in the right order

Monday Matinee w/Popcorn 4p

Morning Walk at the Park (Bus

Men and Ladies outing (Dinner)

Puzzles w/Mr. Fred 10:30a

Residents Choice (Activity)

Men's Luncheon 11:30a

Book Club Meeting 2p

Afternoon: **Memory Cards KurPlunk Bingo**

Aerobic Exercise

Daily Chronicle

Afternoon:

Morning:

Outing) 10:00a

Daily Chronicle

4:00p-5:30P

Morning:

Exercise

Afternoon:

Bean Bag Toss

Math Quiz Trivia

Afternoon:

Morning:

Store 9a

Seventies Trivia Event w/Sonder Health Plan (win Prizes) 11a-12p Afternoon: <u>Listening awareness Month</u> Poetry reading Repeat the Phrase (testing our hearing)

4 Morning:

18 | Morning:

Exercise

Afternoon:

4:00p-5:30a

Exercise

Afternoon:

Activity w/a Neighbor

Independant Activity

25 Morning:

12p

Daily Chronicle

Math Quiz Trivia

Painting w/Horizon 3:30p Morning: **Morning Meditation**

Residents Community Meeting 11a Scrabble Afternoon: Oldies but Goodies Party 2p-3p **National Celery Month** Creating a Celery Dish w/Horizon 3

Food Committe Meeting 10a/Trivia

Marshmallow dipping w/Horizon 2p

Men and Ladies outing (Dinner)

Movie Matinee/w Popcorn 10:30a-

Salon Day! 12 Morning: 13 Morning: Walmart/Walgreens testing 9:30a Afternoon:

Movie, Oreo Cookies and Milk w/

Name the price (today's item costs)

Multiple Sclerosis Awareness: Let's

National Oreo Cookie Day

5 Morning:

get educated.

Horizon 2:30p

w/Horizon

Colon Cancer Awareness Educating on symptoms and signs of colon Cancer Community Meeting 4p

19 Morning: 20 Morning: Sugar Mills Mall (Shopping /Lunch) **Exercise** 9:30-2p Future 10:30a- 11:30a

Afternoon: National Ravioli Day Creating Ravioli Dish 2p-4p Get to know your neighbor's

26 Monday: High Museum w/Luncheon (Bus Outing) 9:30a-2:30p Afternoon:

Residents Choice (Activities)

6 Morning: **Morning Exercise** Bingo w/Exceptional Future 10:30a Afternoon:

Jenga Matching and remember the card Manicures

Creative Desserts w/Exceptional

Color Therapy w/ Horizon 3:30p

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Morning:

28 Monday:

Exercise

Afternoon:

Bingo

Movie Night 3:00p-5p

independent Activities

Easter Celebration 3:30p-4:30p

Dementia Support Group 6p

Baking Cookes w/Exceptional

Memory Games w/Horizon 2:30p

Birthday Celebration w/Exceptional

Arts n Crafts w/ Horizon 3:30p

Residents Choice (Activities)

Salon Day!

Salon Day!

Morning Exercise

Afternoon:

Arts n Crafts

Afternoon:

Monday:

Exercise

Future 10a-11a

Afternoon:

Egg Dying

National Memory Day

Future 10:30a 11:30a

Morning: **Morning Exercise** Painting w/Horizon 10:00a-11a **Daily Chronicle Afternoon: Volley Balloon Ball** KurPlunk **Let's Talk News**

Get to know your Neighbors.

Activities w/ Laja Barnette 9a-**Solid Ground Ministries 11a-12p** Afternoon: **Enjoy some you time New Bethal International Ministries** Get to know your neighbors

16

23

30

15 Morning: **14** Morning: Pet Therapy month Independent Exercise **Trip to Yellow River Wildlife** Zeta Phi Beta Movie Day TBD and Sanctuary 9:30a-11:30a Snacks 10a-11:30a Afternoon: Afternoon: St. Patrick's Day Luncheon w/

Activities w/Lisa Barnes 1-3p **Entertainment by Mercy Melody Relax to some Music Residents Choice (Activities)** Morning:

Bingo w/Snellville Police **Exercise Daily Chronicle** Department 10:30a-11:30a Out to Eat w/Horizon 11:30a Afternoon: Afternoon: **Independent Activities Table Hocky**

What's there to watch (TV)

Relax to the music

Morning: Independent Exercise **Get to Know your Neighbors**

Relax to the Music Afternoon: What's going on in our outside

Community (News on Tv) Self-care (Time to Relax)



Living Life in Our Community!



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