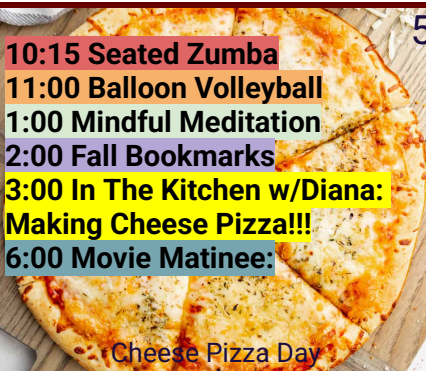


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A Positive attitude brings much gratitude. Think positive, be positive, speak positive. 	10:15 Upper Body Warmup 11:00 List It (Labor Day Editon) 1:00 Mindful Meditation 2:00 Labor Day Laughs 3:00 Floor Hockey 6:00 Movie Matinee: Marry Me (N) Labor Day	10:15 Noodle Exercise 11:00 Manicures 1:00 Mindful Meditation 2:00 Leaf Coasters 3:00 Balloon Badminton 6:00 Movie Matinee: Double Dad (N) 	10:15 Leg Strengthening 11:00 Devotion 1:00 Mindful Meditation 2:00 Bingo!!! 3:00 Garden Club: Outdoor Planting 6:00 Movie Matinee: The Life List (N) 	10:15 Noodle Exercise 11:00 A to Z Occupational Trivia 1:00 Mindful Meditation 2:00 Corn Hole ? 3:00 Coffee and Cookies! 6:00 Movie Matinee: La Dolce Villa (N) National Wildlife Day	10:15 Seated Zumba 11:00 Balloon Volleyball 1:00 Mindful Meditation 2:00 Fall Bookmarks 3:00 In The Kitchen w/Diana: Making Cheese Pizza!!! 6:00 Movie Matinee: Cheese Pizza Day 	10:15 Seated Stretch 11:00 Checkers 1:00 Mindful Meditation 2:00 Floor Hockey 3:00 Adult Coloring 6:00 Movie Matinee: Senior Year (N) Georgia Bulldogs vs APSU @ 3:30 p.m.
10:15 Noodle Exercise 11:00 First Baptist Church 1:00 Mindful Meditation 2:00 Parachute Ball 3:00 Karaoke 6:00 Movie Matinee: True Spirit (N) Grandparents Day	10:15 Hot Tea Tasting w/AL 11:00 Short Stories 1:00 Mindful Meditation 2:00 Feeding The Valley 3:00 Air Hockey 6:00 Movie Matinee: Varsity Blues (N) International Literacy Day	10:15 Noodle Exercise 11:00 Finish The Lyrics 1:00 Mindful Meditation 2:00 Show and tell 3:00 Balloon Volleyball 6:00 Movie Matinee: The Long Game (N) 	10:15 Leg Strengthening 11:00 Devotion 1:00 Mindful Meditation 2:00 Sip Sip Horay (Cup Decorating) 3:00 Wii Sports 6:00 Movie Matinee: You Gotta Believe (N)	10:15 Noodle Exercise 11:00 Pumpkin Door Hangers 1:00 Mindful Meditation 2:00 Chocolate Tasting 3:30 Mark Blaxton Performance 6:00 Movie Matinee: Walk. Ride. Rodeo (N)	10:00 JOY RIDE!!! 11:00 Exercise 1:00 Mindful Meditation 2:00 Chocolate Shakes and Karaoke!!! 3:00 Simon Says 6:00 Movie Matinee: Blue Miracle (N) National Chocolate Shake Day	10:15 Seated Stretch 11:00 Card Games 1:00 Mindful Meditation 2:00 Wii Sports 3:00 Hymns On The Patio 6:00 Movie Matinee: Luca's World (N) Alabama Crimson Tide vs. Wisconsin @12 p.m.
10:15 Noodle Exercise 11:00 First Baptist Church 1:00 Mindful Meditation 2:00 Parachute Ball 3:00 Finish The Phrase 6:00 Movie Matinee: The School of Good and Evil (N)	10:15 Upper Body Warmup 11:00 Finish The Phrase 1:00 Mindful Meditation 2:00 Adult Coloring 3:00 Popsicles On The Patio 6:00 Movie Matinee: Penguin Bloom (N)	10:15 Noodle Exercise 11:00 Manicures 1:00 Mindful Meditation 2:00 Bingo!!! 3:00 Cinnamon Raisin Bread and Coffee 6:00 Movie Matinee: Bedknobs and Broomsticks (D) National Cinnamon Raisin Bread Day	10:15 Leg Strengthening 11:00 Devotion 1:00 Mindful Meditation 2:00 Mini Golf 3:00 Balloon Volleyball 6:00 Movie Matinee: Inheritance (N)	10:15 Noodle Exercise 11:00 Would You Rather 1:00 Mindful Meditation 2:00 UNO 3:00 Snow Cones and Trivia 6:00 Movie Matinee: Family Pack (N)	10:15 Seated Zumba 11:00 Cornhole 12:00 Tailgate Lunch 1:00 Mindful Meditation 2:30 Church On The Trail 3:00 Mini Golf 6:00 Movie Matinee: Friday Night Lights (N)  Wear Your Team Colors!!!	10:15 Seated Stretch 11:00 Karaoke 1:00 Mindful Meditation 2:00 Floor Hockey 3:00 Would You Rather? 6:00 Movie Matinee: Pacific Rim (N) Oktoberfest Begins Auburn Tigers vs. OU
10:15 Noodle Exercise 11:00 First Baptist Church 1:00 Mindful Meditation 2:00 Parachute Ball 3:00 Adult Coloring 6:00 Movie Matinee: Our Little Secret (N)	10:15 Upper Body Warmup 11:00 Short Stories 1:00 Mindful Meditation 2:00 Performance by Mr. Benny 3:00 Hymns On The Patio 6:00 Movie Matinee: Thunder Force (N)  Rosh Hashanah Begins Autumn Begins	10:15 Noodle Exercise 11:00 Would You Rather 1:00 Mindful Meditation 2:00 Learn To Play Checkers 3:00 Dachshund Race 6:00 Movie Matinee: Back In Action (N) National Checkers Day	10:15 Leg Strengthening 11:00 Devotion 1:00 Mindful Meditation 2:00 Penny Pitch 3:00 Mocktails and Manicures 6:00 Movie Matinee: Red Notice (N)	10:15 Noodle Exercise 11:00 Short Stories 1:00 Mindful Meditation 2:00 In the kitchen w/Diana: Making Amish Bread 3:00 Floor Hockey 6:00 Movie Matinee: Beverly Hills Cop (N)	10:00 JOY RIDE!!! 11:00 Exercise 1:00 Mindful Meditation 2:00 Balloon Badminton 3:00 Popcorn and Movie in the Theatre: Journey 6:00 Adult Coloring	10:15 Seated Stretch 11:00 What Came First?! 1:00 Mindful Meditation 2:00 Wi Sports 3:00 Finish The Phrase 6:00 Movie Matinee: Journey 2 (N) Crimson Tide vs. Bulldogs @ 7:30 p.m.
10:15 Noodle Exercise 11:00 First Baptist Church 1:00 Mindful Meditation 2:00 Parachute Ball 3:00 Tunes on the Patio 6:00 Movie Matinee: Once Upon A Crime (N)	10:15 Upper Body Warmup 11:00 Simon Says 1:00 Mindful Meditation 2:00 Bible Bingo!!! 3:00 Coffee and Sugar Cookies 6:00 Movie Matinee: Rez Ball (n)  National Coffee Day	10:15 Noodle Exercise 11:00 Manicures 1:00 Mindful Meditation 2:00 What Came First 3:00 September Birthday Celebration 6:00 Movie Matinee: Penguin Bloom (N)	September 2025 			