

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 New Year's Day 1 10:00-Sit & Stretch 10:30-Snack & Drink 11:30-Devotional w/ Ruth 1:30-Botton Art 3:30-Snack Social 5:00-Dinner Time 7:00-Residents Choice National Buffet Day	2 10:00-Walking Club 10:30-Hydration Time 11:00-Resident Free Time 1:00-Relaxing hour 3:00- Finger Paint 5:00-Dinner Time 7:00-Puzzle Time w/ care Partner	3 10:00-Spa Therapy 12:00-Lunch Time 2:00-Build Bird House w/ twigs 4:00-Movie Day / Residents Choice 6:00-Snack Attack Time 8:00- Chat Time National Spaghetti Day	4 10:00-Sit & Stretch 10:30-Hydration Station 12:00-Lunch Hour 2:00-Make Rainbow Rice 4:00- Sit & Chat w/ Care partners 6:00-Game Night 8:00-Social Hour before bed	5 10:00-Manicure & Pedicure 10:30-Let's Play Simon Says 12:00-Lunch Hour 2:00-BINGO HOUR 4:00-Resident Relaxing Hour 6:00-Game Night	6 10:00-Walking Club 10:30-Let's Snack 11:30-Movies Time / Marley & Me 1:00-Nap Time 3:00-Family Time 5:00-Dinner Time 7:00-Residents Choice	7
10:00-Service on TV 10:30-Hydration Time 11:30-Prayer Time w/ Ruth 1:30-Ice Cream Social 3:30-Puzzle Time/ Family 5:00-Dinner Time 7:00-Residents Free Time 8	9 10:00-Sit & Stretch 10:30-Snack & Drink 11:30-Devotional w/ Ruth 1:30-Botton Art 3:30-Snack Social 5:00-Dinner Time 7:00-Residents Choice National Apricot Day	10 10:00-Walking Club 10:30-Hydration Time 11:00-Resident Free Time 1:00-Relaxing hour 3:00- Finger Paint 5:00-Dinner Time 7:00-Puzzle Time w/ care Partner	11 10:00-Spa Therapy 12:00-Lunch Time 2:00-Build Bird House w/ twigs 4:00-Movie Day / Residents Choice 6:00-Snack Attack Time 8:00- Chat Time National Milk Day	12 10:00-Sit & Stretch 10:30-Hydration Station 12:00-Lunch Hour 2:00-Make Rainbow Rice 4:00- Sit & Chat w/ Care partners 6:00-Game Night 8:00-Social Hour before bed	13 10:00-Manicure & Pedicure 10:30-Let's Play Simon Says 12:00-Lunch Hour 2:00-BINGO HOUR 4:00-Resident Relaxing Hour 6:00-Game Night	14 10:00-Walking Club 10:30-Let's Snack 11:30-Movies Time / Marley & Me 1:00-Nap Time 3:00-Family Time 5:00-Dinner Time 7:00-Residents Choice
10:00-Service on TV 10:30-Hydration Time 11:30-Prayer Time w/ Ruth 1:30-Ice Cream Social 3:30-Puzzle Time/ Family 5:00-Dinner Time 7:00-Residents Free Time 15 National Strawberry Ice Cream Day	 Martin Luther King Jr. Day 16	17 10:00-Walking Club 10:30-Hydration Time 11:00-Resident Free Time 1:00-Relaxing hour 3:00- Finger Paint 5:00-Dinner Time 7:00-Puzzle Time w/ care Partner	18 10:00-Spa Therapy 12:00-Lunch Time 2:00-Build Bird House w/ twigs 4:00-Movie Day / Residents Choice 6:00-Snack Attack Time 8:00- Chat Time	19 10:00-Sit & Stretch 10:30-Hydration Station 12:00-Lunch Hour 2:00-Make Rainbow Rice 4:00- Sit & Chat w/ Care partners 6:00-Game Night 8:00-Social Hour before bed	20 10:00-Manicure & Pedicure 10:30-Let's Play Simon Says 12:00-Lunch Hour 2:00-BINGO HOUR 4:00-Resident Relaxing Hour 6:00-Game Night	21 10:00-Walking Club 10:30-Let's Snack 11:30-Movies Time / Marley & Me 1:00-Nap Time 3:00-Family Time 5:00-Dinner Time 7:00-Residents Choice
 Chinese New Year (Year of the Rabbit) 22	 Activity Professionals Week 23	24 10:00-Walking Club 10:30-Hydration Time 11:00-Resident Free Time 1:00-Relaxing hour 3:00- Finger Paint 5:00-Dinner Time 7:00-Puzzle Time w/ care Partner	25 10:00-Spa Therapy 12:00-Lunch Time 2:00-Build Bird House w/ twigs 4:00-Movie Day / Residents Choice 6:00-Snack Attack Time 8:00- Chat Time	 Australia Day (observed) 26	27 10:00-Manicure & Pedicure 10:30-Let's Play Simon Says 12:00-Lunch Hour 2:00-BINGO HOUR 4:00-Resident Relaxing Hour 6:00-Game Night National Chocolate Cake Day	28 10:00-Walking Club 10:30-Let's Snack 11:30-Movies Time / Marley & Me 1:00-Nap Time 3:00-Family Time 5:00-Dinner Time 7:00-Residents Choice National Blueberry pancakes
10:00-Service on TV 10:30-Hydration Time 11:30-Prayer Time w/ Ruth 1:30-Ice Cream Social 3:30-Puzzle Time/ Family 5:00-Dinner Time 7:00-Residents Free Time 29	30 10:00-Sit & Stretch 10:30-Snack & Drink 11:30-Devotional w/ Ruth 1:30-Botton Art 3:30-Snack Social 5:00-Dinner Time 7:00-Residents Choice National Croissant Day	31 10:00-Walking Club 10:30-Hydration Time 11:00-Resident Free Time 1:00-Relaxing hour 3:00- Finger Paint 5:00-Dinner Time 7:00-Puzzle Time w/ care Partner	Happy birthday 1. Sheila 1/30			

January 2023